

DYSL AGE AND RULES MATRIX

Grade Level	Pre - K	K	1st Grade	2nd Grade	3rd Grade	4th Grade	5th Grade	6th Grade	7th & Up
Goal Size Range	4x6	4x6	6 x 10 - 6 x 12	6 x 10 - 6 x 12	6.5 x 18	6.5 x 18	7x21	7x21	8x24
Field Size Range	15 x 25 - 30 x 35	15 x 25 - 30 x 35	15 x 25 - 30 x 35	15 x 25 - 30 x 35	35 x 55 - 45 x 65	35 x 55 - 45 x 65	35 x 60 - 55 x 80	35 x 60 - 55 x 80	50 x 100 - 70 x 110
Number of Players	4 v 4	4 v 4	5 v 5	5 v 5	7v7	7v7	9v9	9v9	11v11
Ball Size	3	3	3	3	4	4	4	4	5
Game Time	4x10	4x10	2x20	2x20	2x25	2x25	2x30	2x30	2x35
Max Roster Size	8	8	10	10	12	12	16	16	18
# of Refs	Coach	Coach	1	1	1	1	2	2	2 to 3
Quick Rules Matrix									
Offsides	NO	NO	NO	NO	NO	NO	YES	YES	YES
Headballs	NO	NO	NO	NO	NO	NO	NO	NO	YES
Build Out Line	YES	YES	YES	YES	YES	YES	NO	NO	NO
Punting/Drop Kicks	NO	NO	NO	NO	NO	NO	YES	YES	YES
Throw-Ins	NO	NO	YES	YES	YES	YES	YES	YES	YES
Penalty Kicks	NO	NO	only for handball	only for handball	YES	YES	YES	YES	YES